



UNIVERSITY OF HAWAII

CANCER CENTER

Mobile Mindfulness for Cancer Related Neuropathy

The goal is to determine whether using a mobile app for mindfulness impacts neuropathy and well-being for cancer survivors.

- Open to all cancer survivors, aside from those diagnosed with non melanoma skin cancer
- Must have completed primary treatment for cancer (hormone therapy accepted)
- Experiencing cancer related neuropathy, per self-report
- Over 21 years of age
- Have access to the internet and own a smartphone
- Not currently practicing meditation regularly

You will be assigned, at random, to use the app immediately or after eight weeks.

To find out more details, please go to the following link:

https://uhcc.az1.qualtrics.com/jfe/form/SV_40YNkNEQ1672VWI?Q_CHL=qr

For more information call 808-441-3491

or email : OMMStudy@cc.hawaii.edu

